

CORONAVIRUS COVID-19 UPDATE

The staff here at Potomac Family & Sports Chiropractic understands the state of uncertainty that our patients are going through with the Coronavirus (COVID-19). We want to update you on how our office is handling the current situation. We are open! We will be available during our regular business hours!

Dr. Alex McMinn and Staff are doing everything possible to assure the health and safety of our patients. The building and its offices are being cleaned by our landlord/management company to the standards and guidelines put forth by OSHA and the CDC. The PF&SCC staff are also diligently making efforts to regularly clean and sanitize any surfaces, door handles, treatment tables and equipment that are possible areas of contamination. We have arranged the office for social distancing and are scheduling to avoid any crowding.

We encourage patients to continue chiropractic care with confidence as our philosophy that **a strong working nervous system is a strong and optimal working immune system. Getting adjusted can and will boost your immune response!**

“IT’S NOT THE SEED (COVID-19) IT’S THE SOIL (YOUR BODY)”

We respect decisions to self-quarantine, and we ask that you please respect others! If you are symptomatic (fever, body aches, upper respiratory distress) please reschedule to date in which you are asymptomatic. Happy to have you back at that time.

Along with the other precautions you should be taking- proactively prepare your body (Adjustment) by optimizing its ability to fight the Coronavirus at your highest capacity. Is your body (Immune system) at its optimal right now?

We will get through this situation! Let’s stay positive and put our energies into what we can control. Take this time to be with loved ones and enjoy time with them, time you may not have had otherwise!

Stay Well! Thank you for your support!

Dr. Alex McMinn

